

Race Location: Starts and ends at Shane's Park, 705 W. Front Street, Rockford, OH.

Times: Race Day Registration begins at 7:30am
½ **Mile Fun Run** for ages 12 & Under begins at 8:00am
Opening Ceremonies begin at 8:15am

Entry Fee: Pre-registration (post marked by July 1, 2019)



\$22 Pre-Registered – Includes T-Shirt
\$12 Pre-Registered – Without T-Shirt
\$15 Day of Race – Without T-Shirt
\$10 T-Shirt Only – Limited Supply
Free Pre-Registered and Day of Race for all age 14 & Under
\$5 Fun Run Pre-Registered & Day of Race (age 12 & under)
*Make checks payable to **Parkway Athletic Boosters** and mail entries to:
Shane's Crossing 5k, %Steve Fisher, 3953 Purdy Rd, Rockford OH 45882
For more information: Call 419-305-2080 or Email sfisher@jtdmh.org

Results: Available online at: www.mercerhealth5kchallenge.com

Awards: Top 3 - overall, and each Age Group, Male and Female.

Course: Flat, out and back course – time each mile, water stop.
Records: Male – Brendon Moody 15:18
Female – Melissa Lehmen 18:23

Door Prizes: All door prizes donated by generous sponsors. Must be present to win.

Age Groups: 14 & Under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-Over (Male & Female)

Race Director: Steve Fisher & Ann Vian - Parkway Cross Country Program
Jennifer Barrett – ½ Mile Fun Run Coordinator – 419-605-7305
Proud member of the Mercer Health 5K Challenge where all 14 and younger participate for free.

-----Cut Along Dotted Line-----

ENTRY FORM AND WAIVER OF LIABILITY MUST BE SIGNED TO PARTICIPATE
THE SHANES CROSSING 5K RUN/WALK JULY 13th, 2019 AT 8:30 A.M.

Age as of July 13, 2019 _____ Shirt Size (please circle)
Birthdate ___/___/___ **Adult** S M L XL XXL **Youth** S M L
SEX Male Female (please circle) Phone Number _____
Name _____ Amount Enclosed _____
Address _____ City _____
State _____ Zip _____ Email _____

In consideration of the acceptance of my entry, I, for myself executors, administrators, and assignees, do hereby release and discharge THE SHANES CROSSING 5K and any other sponsors and officials for all claims of damages, demands, or actions, whatsoever in any manner arriving, or growing out of my participation in said athletic event.